

# CAN YOU DEFEAT GOLIATH?

## WHAT YOU NEED

- Plastic cup
- Goliath template
- Five ping pong balls (or similar)
- Glue or cello tape.
- Table



Anchors



10 minutes



All About Me



Game

David was a young boy whose job was to be a shepherd; through this job he learned the skills he would need that would one day lead him to defeat Goliath. God gave him these skills and no one else could do what he did. He used the talents God gave him to defeat the giant Goliath and would later become king, just as God had planned for him. God too has given us great talents and we are all different from each other and He has a plan for our lives.

This game will help remind the young people of how God used David and will also allow them to build up their communication to discuss their own special talents. They will also learn kindness through turn taking and cheering each other on.

## INSTRUCTIONS

1. Prepare the game by printing out the template of Goliath and sticking it onto a cup, or a bottle (you can make the game harder by adding a little bit of water into the bottom to function as a weight) at the end of a table. Then set a boundary where the young people can throw the ping pong ball.
2. Allow the young people to take it in turns to throw a ping pong ball at Goliath and try to knock him down.
3. You can use a scoring system and draw targets onto the Goliath template, 5 on the head, 4 on the stomach, 3 on the arms and 2 on the legs, or you can score based on how many throws it would take them to knock him off the table, leaders can set their own scoring system.
4. Following the game talk with the young people about how David used his talents for the plan God had for Him, what talents we have and how we can use them for God.

