

# Salt Dough Creations



Anchors/Juniors



20 – 30 minutes



The World Around Us



Craft

## WHAT YOU NEED

- Large bowls
- Wooden spoons
- 500g plain flour
- 250g table salt
- 125g warm water
- Rolling pins
- Protective sheet or newspaper for tables

Keep extra ingredients in case you need to make more dough if there are large numbers.

When God created the world, he took great care in putting everything together and in his eyes it was good. This activity will allow the young people to take time to create something that they too can be proud of. This is a good opening to discussing the creation story and how God took the time to create them too.

Allow the young people time to create what they want; leaders can join in as well and it is a good bonding exercise together opening a path for discussion about what they are making.

## INSTRUCTIONS

1. Let the young people help weigh out the dry ingredients, then put them into a bowl and mix.
2. Slowly add the warm water, stirring at the same time.
3. When it comes together put the dough out on a floured surface.
4. Let the young people take turns to knead it for a few minutes until smooth.
5. Distribute the dough out to the young people, you may need to make more depending on the size of the group.
6. Let the young people make their creations and then get an adult to place them in the oven at 150C for an hour – this can be done after the children leave.
7. At the next session allow the young people to paint and decorate their creations.